

7<sup>th</sup> September 2025

in the care of the Missionaries of God's Love

# St Benedict's

## St Benedict's Catholic Church, Narrabundah

23<sup>rd</sup> Sunday of Ordinary Time



Coming up:

## Bible Study

### 9 Sept

## Coffee at Gryphon

## Explosion Youth Conference

8-11 Oct



**[cg.org.au/narrabundah](http://cg.org.au/narrabundah)**



# Community and Vision



Why do **YOU** love St Benedict's?

Asking Parishioners: Why do **YOU** love St Benedict's? responses included **"We're like a big family"** and **"People are so friendly and welcoming"** and **"I have a sense of belonging here"**.



## Feast Day Celebration!



Thank you to all who helped make the day possible!



It was a great morning with food, fellowship, cake, raffles and an input from Fr Chris honoring our volunteers plus giving a sharing on the vision for the Parish!

## St Benedict's



# Events and Announcements



## Congratulations to newly ordained Fr Joseph and Fr Michael!!

We joyfully celebrated the ordinations of Fr Michael and Fr Joseph to the priesthood. May God bless them abundantly as they begin their ministry of service to His Church. Please keep them in your prayers as they embark on this sacred journey.

6-7  
SEP

## Father's Day Appeal-THIS WEEKEND!

Collection for retired priests: Please give generously to the Father's Day Appeal conducted at all Masses this weekend. Special envelopes are provided in the church and donors will be issued with a tax deductible receipt. Donations can also be made at [www.cgcatholic.org.au/donate](http://www.cgcatholic.org.au/donate) or you could call Financial Services on 6239 9876 to make a donation over the phone.



## Priest Movements

Fr Chris and Fr Tony are coming up to their annual 8-Day Retreat. Fr Chris will be away from **the 9<sup>th</sup>-22<sup>nd</sup> September.**

9  
SEP

## St Benedict's Bible Study- NEW!

Join us for a weekly Bible Study, starting this Tuesday, 9 September, 7:00-8:30pm in the Collins Wing. We'll begin with the Acts of the Apostles using the Little Rock Catholic Scripture Series, in an Alpha-style format of fellowship, video and sharing.

11  
SEP

## Coffee at Gryphon

All parishioners are invited to meet at Gryphon's, Griffith shops at 10.30 am on the second Thursday of each month, the next catch up will be Thursday 11<sup>th</sup> September.

14  
SEP

## Maltese Community Mass: Feasts of Nativity of Mary and Mary, Queen of Victories.

On Sunday, 14<sup>th</sup> September, we will be celebrating the Feast of the Birth of Mary (Bambina) and the Feast of Mary, Queen of Victories (Vitorja) here at St Benedict's. There will be **Mass at 2pm** followed by the Rosary. If weather permits, we will also have a Procession around the Parking area while reciting the Rosary. After that, everyone is invited for Afternoon Tea in the Parish Centre. To help us celebrate this dual feast, we will have the beautiful Statue of Mary (as a young girl) on the Altar. The Order of Malta will be attending helping to build the atmosphere. Hope you can join us- Sunday next week.



## Adoration Roster -Current hours to fill

1. Wednesday 4-5pm
  2. Thursday 4-5pm
  3. Friday Overnight: 11pm-12am, 12am-1am, 1am-2am, 2-3am
- If you can fill one of these, please sign up via the QR-Code!



8-11  
OCT

## Explosion Youth Conference: Registration Open!

EXPLOSION is a Catholic Youth Conference coordinated by the Disciples of Jesus Community in Canberra. Open to students in **years 7-12** who want to seek to answer the big questions about life and faith, form you in your faith intellectually and encourage you to deepen your relationship with God. This year we will be looking at the question that Jesus poses to His disciples in John 6, "Have I not chosen You?" **October 8-11, St. Clare's College, Canberra.** For more information - <https://www.explosionyouth.com/>

## Notices Outside the Parish

### GUINNESS AND GOD

10th Sept | 6:30pm -9pm

What: A space for young adults aged 18-29, to bring their 'big questions' with 'no pressure'. Anyone can come along (faith or no faith). When: Wed, September 10, 6:30pm - 9pm | Verity Lane, (Juliet Hall), 50 Northbourne Avenue.

### FAMILY BUSH DANCE

13th Sept | 7pm

Family Bush Dance at 7pm on Saturday 13th September in the St Thomas School Hall, Boddington Cres., Kambah. Fundraiser for Kairos Prison Ministry. Entry \$10 for single \$25 for family. Food and drinks available for sale. Bring coins to play games. There will be a live band and lots of fun. Contact Sandy 0421 311 626

### CANBERRA CATHOLIC BALL

27th Sept | 7:00pm | 18-35 yr olds

Step back into the Golden Age of Hollywood at this year's Catholic Ball! **Young adults** (18-35) are invited to dazzle us with the glitter and gleam of old. It will be held at **The Marion** on Saturday September the 27th, at 7pm. Expect drinks, canapes, music, dancing and laughter with friends old and new. Please see Facebook for more information on tickets soon

## Regular Parish Groups

### REST IN ME MEDITATIONS

Each Wednesday  
10am-12pm, Parish Centre  
Ayanthi Perera

### MOTHERS PRAYERS

Each Monday (school term)  
9.30am, Parish Centre  
Rachael Nano 0412472243

### KINGDOM KIDS

Sun 9am Mass  
Contact Sherice 0408 259 502.

### STREET MINISTRY

**Friday Nights**  
After 5:30pm Mass, Civic

### FUSION YOUTH GROUP

Friday Nights (Fortnightly)  
7-9pm (Contact Axel Healey)

## Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Sarah Lisbon, Melissa Dixon, retired Bishop Pat Power, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy Helen French, Sagar Julie O'Brien and all those sick in our parish.

**Recently Deceased:** Catherine Feehan, Margaret Beamish

**Margaret Beamish's funeral** will occur at St Benedict's, Monday 8<sup>th</sup> of Sept. @ 1:30pm followed by refreshments in the Parish Centre.



[stbenedicts.canberra](https://www.stbenedicts.canberra)



[St. Benedict's Church and Mission Centre, Canberra](https://www.stbenedicts.canberra)

### Priests:



### Parish:



## Giving / Stewardship

### Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, loan, utilities).

### Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Wis 9:13-18

Who can comprehend the will of God?  
What man can know the intentions of God?  
Who can divine the will of the Lord? The reasonings of mortals are unsure and our intentions unstable; for a perishable body presses down the soul, and this tent of clay weighs down the teeming mind. It is hard enough for us to work out what is on earth, laborious to know what lies within our reach; who, then, can discover what is in the heavens? As for your intention, who could have learnt it, had you not granted Wisdom and sent your holy spirit from above? Thus have the paths of those on earth been straightened and men been taught what pleases you, and saved, by Wisdom.

Responsorial Psalm

Ps 89:3-6. 12-14. 17.R. v.1

(R.) In every age, O Lord, you have been our refuge.

- 1. You turn men back into dust and say: 'Go back, sons of men.' To your eyes a thousand years are like yesterday, come and gone, no more than a watch in the night. (R.)
- 2. You sweep men away like a dream, like grass which springs up in the morning. In the morning it springs up and flowers: by evening it withers and fades. (R.)
- 3. Make us know the shortness of our life that we may gain wisdom of heart. Lord, relent! Is your anger for ever? Show pity to your servants. (R.)
- 4. In the morning, fill us with your love; we shall exult and rejoice all our days. Let the favour of the Lord be upon us: give success to the work of our hands. (R.)

Second Reading Phlm 9-10, 12-17

Receive him, not as a slave anymore, but as a very dear brother.

This is Paul writing, an old man now and, what is more, still a prisoner of Christ Jesus. I am appealing to you for a child of mine, whose father I became while wearing these chains: I mean Onesimus. I am sending him back to you, and with him – I could say – a part of my own self. I should have liked to keep him with me; he could have been a

substitute for you, to help me while I am in the chains that the Good News has brought me. However, I did not want to do anything without your consent; it would have been forcing your act of kindness, which should be spontaneous. I know you have been deprived of Onesimus for a time, but it was only so that you could have him back for ever, not as a slave any more, but something much better than a slave, a dear brother; especially dear to me, but how much more to you, as a blood-brother as well as a brother in the Lord. So if all that we have in common means anything to you, welcome him as you would me.

Gospel Acclamation Ps 118:135

Alleluia, alleluia!

Let your face shine on your servant, and teach me your laws. Alleluia!

Gospel Lk 14:25-33

All who do not renounce their possessions cannot be my disciples.

Great crowds accompanied Jesus on his way and he turned and spoke to them. 'If any man comes to me without hating his father, mother, wife, children, brothers, sisters, yes and his own life too, he cannot be my disciple. Anyone who does not carry his cross and come after me cannot be my disciple. 'And indeed, which of you here, intending to build a tower, would not first sit down and work out the cost to see if he had enough to complete it? Otherwise, if he laid the foundation and then found himself unable to finish the work, the onlookers would all start making fun of him and saying, "Here is a man who started to build and was unable to finish." Or again, what king marching to war against another king would not first sit down and consider whether with ten thousand men he could stand up to the other who advanced against him with twenty thousand? If not, then while the other king was still a long way off, he would send envoys to sue for peace. So in the same way, none of you can be my disciple unless he gives up all his possessions.'

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Reflection by Fr Michael Tate

I am told that, in most Middle Eastern languages, there is no word for 'prefer'. Perhaps influenced by extremes of heat and cold, the vocabulary of 'love' and 'hate' is used instead. No one can imagine Jesus 'hating' Joseph, but he clearly gave preference to his mission, even as a precocious 12 year old in the Temple.

In today's Gospel, Jesus was preparing his followers, imminently and over the generations, for persecution. This would include real-life situations of families denouncing a son or daughter, or a brother turning over a brother to the authorities.

Imagine a Chinese Catholic hearing this Gospel this morning, and this afternoon being betrayed by family members for remaining loyal to the successor of St Peter. Jesus exhorts such a follower to prefer this cross over what the family considers politically correct. We could pause for a moment to pray for all families, torn apart for allegiance to Jesus in His Church, that they may be re-united in the peace of the Risen Lord.

mtate@bigpond.com

Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)  
12:30pm (Wed)  
5.30pm Friday Healing Mass

Saturday

8am  
5pm (Vigil)

Sunday

9am  
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday mass except Fridays.  
After Sat 8am Mass.



RECONCILIATION

Friday

6:15pm - 7pm

Saturday

4pm - 4.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS AND DEACON

Fr Chris Eaton MGL (PP)  
Fr Samson Ezemuokwe MGL (APP)  
Deacon Joseph Nivaskaran MGL  
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879  
narrabundah@cg.org.au  
Tue/Thurs/Fri: 9am-12pm

MUSIC COORDINATOR

Ariana Strmota: 0406377887

SAFEGUARDING OFFICER

Julie Long  
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